



The Freke Arms

LUNCH MENU

ARKELLS

LUNCH MENU

Baguettes

Cheddar and Red Leicester with pickle or onion.....	£6.95
Cheddar and Red Leicester with spring onion and red onion blended with mayonnaise.....	£7.45
Brie with mango chutney or cranberry sauce.....	£7.45
Stilton with tomato chutney.....	£7.45
Ham with coleslaw or tomato chutney.....	£7.45
Ham and Cheese.....	£8.45
Bacon, Lettuce and Tomato.....	£8.45
Bacon and Brie with mango chutney or cranberry sauce.....	£8.45
Bacon and Stilton.....	£8.95
Tuna Mayonnaise.....	£7.95
Prawn Marie Rose.....	£8.45

All served with salad

Jackets

Cheddar and Red Leicester.....	£7.45
Cheddar and Red Leicester with spring onion and red onion.....	£7.95
Cheese and Pineapple.....	£7.95
Ham, Cheese and Pineapple.....	£8.95
Bacon and Cheese.....	£8.95
Bacon, Cheese and BBQ Sauce.....	£9.45
Bacon and Stilton.....	£9.45
Sausage of the Week and Cheese with tomato chutney.....	£9.45
Tuna Mayonnaise.....	£7.95
Prawn Marie Rose.....	£8.95
Chilli Con Carne and Cheese.....	£8.95
Cheese and Beans.....	£7.95

All served with salad

Ploughmans

Large Salad, Pickle, Pickled Onion, Baguette & Butter with a choice of:

- Cheddar
- Stilton
- Brie
- Home Cooked Ham

£13.95

Freke Arms Platter

Homemade Soup of the Day with either Cheese or Ham Baguette

£12.95

Light Bites

- Small Cod, Chunky Chips, Garden Peas and Salad, with Tartare Sauce
- Home Cooked Ham, Egg, Chunky Chips and Salad
- Vegetarian Sausage and Mash with Garden Peas and Vegetarian Gravy (2 Vegetarian Sausages)
- Scampi, Chunky Chips, Garden Peas and Salad, with Tartare Sauce
- Sausage and Mash with Garden Peas and Onion Gravy (2 Sausages)
- Chilli and Rice

All £11.95 each