



An Order for the Beginning of Lent (with Holy Communion)

HYMN

PREPARATION

The sacrifice of God is a broken spirit: a broken and contrite heart you will not despise. Grace, mercy, and peace from God our Father and the Lord Jesus Christ be with you all **and also with you.**

Brothers and sisters in Christ ... I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy word.

COLLECT

Holy God, our lives are laid open before you: rescue us from the chaos of sin and through the death of your Son bring us healing and make us whole in Jesus Christ our Lord. **Amen**

MINISTRY OF THE WORD

FIRST READING

PSALM

THE GOSPEL

ADDRESS

LITURGY OF PENITENCE

God the Father,
have mercy on us.

God the Son,
have mercy on us.

God the Holy Spirit,
have mercy on us.

Holy, blessed, and glorious Trinity,
have mercy on us.

From all evil and mischief; from pride, vanity, and hypocrisy; from envy, hatred, and malice; and from all evil intent,
Good Lord, deliver us.

From sloth, worldliness, and love of money; from hardness of heart and contempt for your word and your laws,
Good Lord, deliver us.

From sins of body and mind; from the deceits of the world, the flesh, and the devil,
Good Lord, deliver us.

In all times of sorrow; in all times of joy; in the hour of death, and at the day of judgement,
Good Lord, deliver us.

By the mystery of your holy incarnation; by your birth, childhood, and obedience; by your baptism, fasting, and temptation,
Good Lord, deliver us.

By your ministry in word and work; by your mighty acts of power; and by your preaching of the kingdom,
Good Lord, deliver us.

By your agony and trial; by your cross and passion; and by your precious death and burial,
Good Lord, deliver us.

By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,
Good Lord, deliver us.

Give us true repentance; forgive us our sins of negligence and ignorance and our deliberate sins; and grant us the grace of your Holy Spirit to amend our lives according to your holy word.

Holy God, holy and strong, holy and immortal, have mercy upon us.

Make our hearts clean, O God;
and renew a right spirit within us.

Father eternal, giver of light and grace, we have sinned against you and against our neighbour, in what we have thought, in what we have said and done, and in the good we have not done. Through ignorance, through weakness, through our own deliberate fault, we have wounded your love, and marred your image in us. We are sorry and ashamed, and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past; and lead us out from darkness to walk as children of light. Amen.

IMPOSITION OF ASHES

As a sign of the spirit of penitence with which we shall keep this season of preparation for Easter, I invite you to receive on your head in ash the sign of the cross, the symbol of our salvation.

God our Father, you create us from the dust of the earth: grant that these ashes may be for us a sign of our penitence and a symbol of our mortality; for it is by your grace alone that we receive eternal life in Jesus Christ our Saviour. **Amen.**

Those who wish may come forward to be asked

From dust you were made and to dust you shall return. Turn away from sin and turn to Christ

THE ABSOLUTION

God our Father, the strength of all who put their trust in you, mercifully accept our prayers; and because, in our weakness, we can do nothing good without you, grant us the help of your grace, that in keeping your commandments we may please you, both in will and deed; through Jesus Christ our Lord. **Amen.**

PEACE

Being justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace. The peace of the Lord be always with you
and also with you.

PREPARATION OF THE GIFTS

The bread and wine are placed on the holy table

HYMN

God of our journey, as we walk with you on your path of obedience, sustain us on our way and lead us to glory; through Jesus Christ our Lord.
Amen

EUCCHARISTIC PRAYER E

The Lord be with you
and also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

It is indeed right and good to give you thanks and praise ...for ever praising you and *saying*:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

We praise and bless you, loving Father ... through Jesus Christ, our Lord; and as we obey Bringing before you the bread of life and cup of salvation, we proclaim his death and resurrection until he comes in glory.

Christ has died: Christ is risen: Christ will come again.

Lord of all life ... O loving Father, for ever and ever. **Amen.**

The Lord's Prayer

Our Father, which art in heaven, hallowed be thy name: thy kingdom come; thy will be done; in earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; but deliver us from evil. For thine is the kingdom, the power and the glory, for ever and ever. Amen.

Breaking of the Bread

We break this bread to share in the body of Christ.

Though we are many, we are one body, because we all share in one bread.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, grant us peace.

Giving of Communion

Jesus is the Lamb of God who takes away the sin of the world. blessed are those who are called to his supper.

Lord, I am not worthy to receive you, but only say the word, and I shall be healed.

ANTHEM [May be sung after communion]

Prayer after Communion

Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

The Blessing and Dismissal

Go in peace to love and serve the Lord.

In the name of Christ. Amen.

HYMN